



# Sound Healing Can Be Effective For:

- Lower Stress Levels
- Balance Mental Health
- Trauma Transformation
- Emotional Release & Balance
- Grief
- Anxiety & Fear
- Insomnia
- Dreams
- Self Love
- Confidence & Self-Esteem
- Focus & Clarity
- Joy & Happiness
- Pain Relief
- Spiritual Connection
- Meditation
- Intuition & Empathy
- Finding Your Purpose

Private Sound Healing  
Sessions by Celeste

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